

## ABSTRACT

A microscope includes a microscope arm having an interior and an exterior surface. The interior surface has at least one recessed portion disposed therein extending from the interior surface of the microscope arm to an inner recess surface of the microscope arm. The recessed portion forms a surface for gripping the microscope. A portion of the recessed portion is, preferably, disposed above the stage and below the objective turret of the microscope. The recessed portion may comprise a textured surface for increasing the static coefficient of friction thereof.